

Lifesharing and Everyday Living Options

Lifesharing, also known as Family Living, supports individuals with intellectual disabilities to live with qualified unrelated adults who provide support in their home. Up to two individuals with a disability can live in a lifesharing home and be supported by ODP funding. Most lifesharing homes are licensed and inspected to ensure the health and safety of the individuals being served. Individuals in lifesharing also have Supports Coordinators to monitor the quality of services on a regular basis.

Lifesharing means living and sharing life experiences with supportive persons who form a caring household. Lifesharing is recognized as both a close personal relationship and a place to live. Lifesharers offer individuals the opportunity to be part of a family, and to participate in community life. Lifesharers and individuals are carefully matched, and supported by qualified professionals to achieve the person's program objectives. Birth families are encouraged to be part of the matching process, and continue to have close relationships with individuals who choose a lifesharing option.

Everyday Living options may be in a variety of settings such as lifesharing, as support provided to individuals living in their own home, or in the homes of relatives and friends. Services in these settings are authorized based on Individual Support Plans (ISPs) and monitored by Supports Coordinators on a regular basis. Individuals who choose these options come from a variety of places including community homes and Intermediate Care Facilities (ICFs/MR).

Lifesharing Resources